

# FRESH MARKET MENU

Weekly Menu: February 6-10, 2012

**Prices:**

Breakfast Bar \$4.29 +tx  
 Entrée with Med. Drink \$5.99 +tx  
 Small Entrée \$2.99  
 Vegetable Side Dish \$1.29 +tx

**Daily Soup Specials:**

**Monday**

Cream of Potato  
 Old Fashioned Chicken Noodle

**Tuesday**

Broccoli and Cheese  
 Minestrone

**Wednesday**

Bacon Corn Chowder  
 Harvest Vegetable Soup

**Thursday**

Chicken and Dumplings  
 Hearty Beef Vegetable

**Friday**

Chicken Tortilla  
 Chili con Carne

**Hours**

Monday – Friday  
**New!!**-Breakfast- M,W,F 7:30am-9am  
 T,R 7:30am-9:30am  
 Lunch – 11:00am-2pm  
**New!!**-Limited Soup and Salad Bar  
 Open 2pm-4pm  
 Dinner- 4pm-7pm  
 (Closed during Convocation)

**Manager**

Jessica Kercher  
 434-592-3123



**MONDAY**

<p><b><u>Lunch</u></b>                  Grilled Chicken Fajitas                  Vegetarian Fajitas                  Aztec Corn                  Southwestern Baked Beans                  Penne Pasta Caprese  <i>Bourbon Street Bar w/Snickers Pieces</i></p>	<p><b><u>Dinner</u></b>                  Roasted Beef Top Round                  Baked Potatoes                  Whole Green Beans                  Spicy Eggplant w/ Garbanzo Beans  <i>Chocolate Chip Bread Pudding</i></p>
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**TUESDAY**

<p><b><u>Lunch</u></b>                  Chicken Parmesan Sandwich                  Oven Roast Herbed Red Potatoes                  Green Peas                  Steamed Baby Carrots                  Garbanzo, Feta, and Tomato Salad Wrap  <i>Chocolate Brownies</i></p>	<p><b><u>Dinner</u></b>                  Rosemary Thyme Rotisserie Chicken                  Chicken Gravy                  Mashed Potatoes                  Roasted Sweet Potatoes                  Fresh Broccoli                  Pasta Fusilli  <i>Carrot Cake w/ Cream Cheese Frosting</i></p>
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**WEDNESDAY**

<p><b><u>Lunch</u></b>                  Steak Ranchero Gordita                  Lime Cilantro Rice                  Stewed Tomatoes                  Baja Black Beans                  Tomato &amp; Gorgonzola Bruschetta  <i>Strawberry Shortcake Pudding</i></p>	<p><b><u>Dinner</u></b>                  Roast Loin of Pork w/ Gravy                  Cornbread Stuffing                  Steamed Baby Carrots                  Whole Green Beans                  Long Grain Wild Rice                  Curried Indian Lentil Dal &amp; Rice  <i>Chocolate Cream Pie</i></p>
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**THURSDAY**

<p><b><u>Lunch</u></b>                  French Dip Sandwich                  Steamed Corn                  Zucchini &amp; Tomatoes                  Grilled Ratatouille                  Parsley Boiled Potatoes  <i>Banana Cream Pie</i></p>	<p><b><u>Dinner</u></b>                  Meat Lasagna                  White Vegetable Lasagna                  Leaf Spinach                  Roasted Mediterranean Vegetable                  Garlic Bread  <i>Peach Crisp</i></p>
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**FRIDAY**

<p><b><u>Lunch</u></b>                  Parmesan Crusted Tilapia                  Whole Green Beans                  Steamed Baby Carrots                  Rice Pilaf                  Cheese Tortellini w/ Pesto  <i>Chocolate Chip Cookies</i></p>	<p><b><u>Dinner</u></b>                  Southern Fried Chicken                  Garlic Mashed Potatoes                  Chicken Gravy                  Fresh Broccoli                  Creamed Corn                  Angel Hair Pasta w/ Tomato Basil Sauce  <i>Dirt Pudding Cup</i></p>
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